



**WIRRAL
CHALLENGE
HIKE**

PARTICIPANT PACK

EMERGENCY PHONE NUMBER

07931652066

DEAR WIRRAL CHALLENGER

Congratulations on entering the Wirral Challenge Hike, we're sure you're going to have an amazing day. This booklet contains some important information, so you're going to need to read it all the way through. The form near the back must be completed and signed by your parent/guardian and then you must remember to bring this booklet with you to the event.

SO, WHAT HAVE YOU SIGNED UP FOR?

You have entered the Wirral Challenge Hike which is three different things all rolled into one!

Firstly, you are taking part in a 15 mile competitive hike that has a great trophy for the fastest team.

Secondly, the District Skills competition on the move! The hike's 7 checkpoints are all skills bases so you have the chance to earn points at each checkpoint by demonstrating your Scouting skills. The Patrol with the most points at the end of the event will win the Skills Trophy and the option to represent the District at the next County Skills Day.

Thirdly, the Patrol with the highest overall score for both the hike and the skills bases will be presented with the Scout Challenge Trophy

GENERAL INFORMATION

Safety Briefings

All Patrol Leaders and adult Leaders/Helpers who are camping and involved in the event must attend the essential safety briefing at 21.00 hrs on the Friday. PLs must then brief the rest of their Patrol using the information given at the main briefing.

All challengers and adult helpers who are not camping must report to the event office no later than 08.00 hrs on the Saturday of the event. At 08.00 hrs there will be an essential safety briefing for all participants, Leaders and Adult Supporters.

Check In and Scrutineering

Checking in will commence at 07.30 hrs for those Patrols who have been allocated to the first breakfast sitting and will continue until all Patrols have checked in.

Please make sure all members of the Patrol have their Hike Form to hand and filled in before going through to the check-in area.

Once in the check-in area each member of the patrol must stand in front of a checking point A—F

Each challenger then hands in their Challenger Pack for checking

Challengers will then receive a zip-lock bag, a check point tag and their Challenger Pack back.

Please ensure that Check Point Tag numbers match the number on the Challenger Pack and that all parts of the official section have been filled in.

Clothing and equipment will then be checked for suitability.

Any Patrol that does not meet the criteria to start the event will be allowed to try and correct any problems and can then return to the holding area to await re-checking

Once the first Patrol has completed this process they will clock out and begin their Challenge Hike. Each Patrol will begin their hike once their check in and scrutineering process is complete

CHECKPOINTS

Arrival

Your checkpoint check-in time will be recorded when the last member of the Patrol arrives at the checkpoint check-in area

- Please make sure that all members of the Patrol have their checkpoint tag marked on arrival.
- When all members of your Patrol have arrived, you will either start your skills base immediately or will be asked wait in a holding area until the base is ready for you (there may be a Patrol already on the base).
- If you are asked to wait in the holding area you can use this time to rest and eat, you can also fill up water bottles.

The Base

- At each of the bases you may be awarded points for completion of the task, team work and leadership.
- You must read written instructions carefully and listen and respond to the staff on the base.
- You will have a time limit at each base and must stop when the time is up.

Departure

- You must make sure that once you have completed your task or your time has run out you must return to the checkpoint check-in area and check out with the staff there so that your time is recorded.
- Once you have checked out then you must leave the checkpoint and carry on along your route.

Retiring

- Remember, if a member of your Patrol wants to retire from the Wirral Challenge Hike for any reason then the whole Patrol must discuss this with the checkpoint staff.
- Any Patrol equipment must be given to another member of the Patrol before the individual retires.
- Patrols must leave the checkpoint once the individual has been retired.

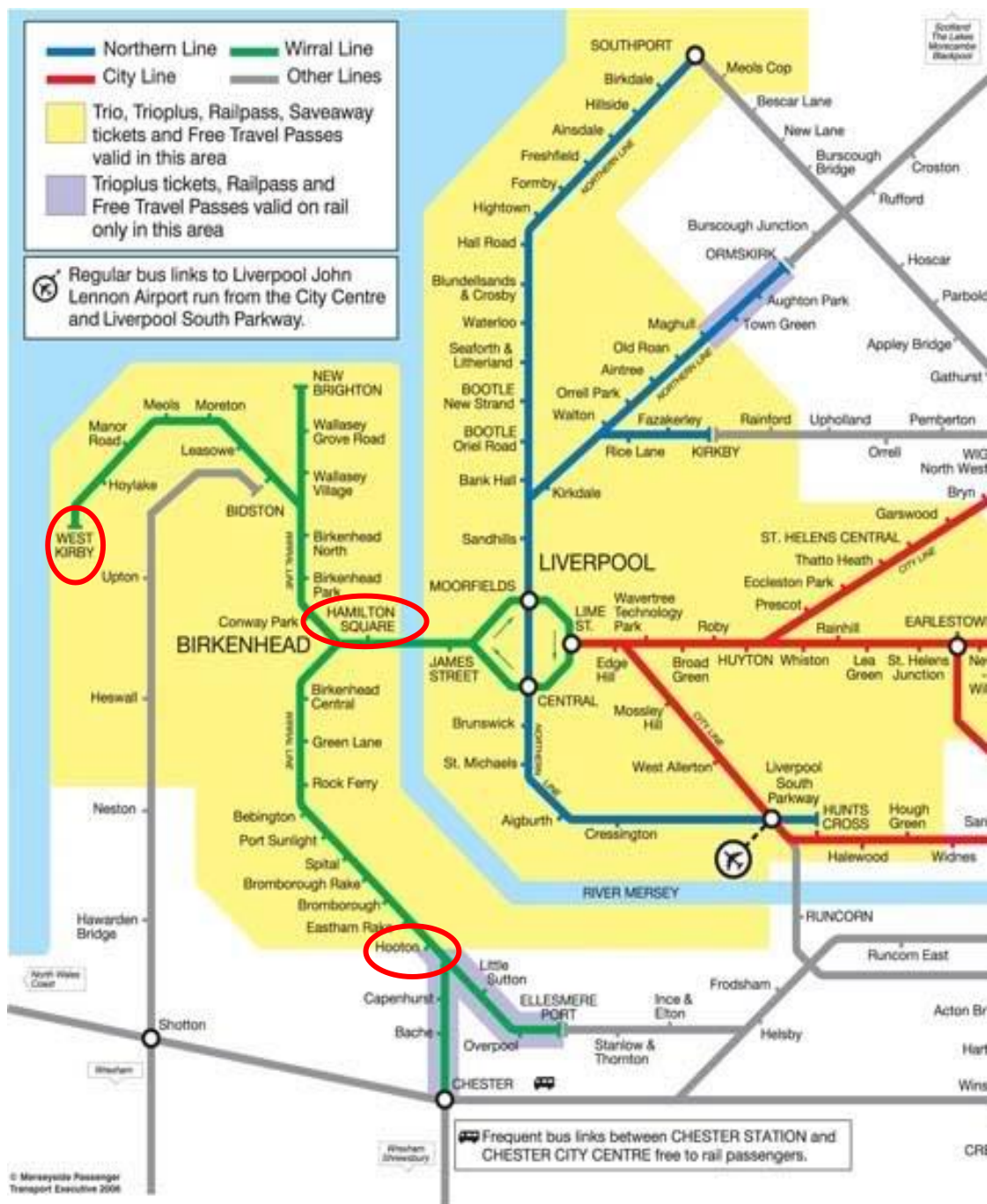
Teams who do not check-in at all check points will be disqualified

All checkpoints will have supplies of water, refreshment checkpoints will have larger supplies and juice.

THE ROUTE

From	To	Route Description
START Thurstaston Campsite 239,833	CP1 Riverbank Road / Wirral Way 265,807	
CP1 Davenport Road / Wittering Lane 261,812	CP2 Wirral Country Park, Parkgate Car park 284,778	
CP2 Wirral Country Park, Parkgate Car park 284,778	CP3 Mellock Lane / Station Road 297,773	
CP3 Mellock Lane / Station Road 297,773	CP4 Hadlow Road, Wirral Way 329,773	
CP4 Hadlow Road, Wirral Way 329,773	Station 1 Hooton Train Station 349,782	
Station 1 Hooton Train Station	Station 3 West Kirby Train Station	Rail Journey
Station 3 West Kirby Train Station	CP5 Wirral Way, West Kirby 215,869	
CP5 Wirral Way, West Kirby 215,869	CP6 Caldy Car Park 222,850	
CP6 Caldy Car Park 222,850	CP7 / Finish Thurstaston Campsite 239,833	

RAIL JOURNEY



Trains leave Hooton at these minutes past the hour

14	21	29	44	51	59
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Wirral Challenge Hike staff will be on hand at Hooton, Hamilton Square and West Kirby train stations. British Transport Police will be assisting wherever possible.

Please always travel in the rear compartment of the train to help us locate you.

RULES

General Rules

- Patrols must consist of at least four and no more than six Scouts. If numbers are reduced to fewer than four at any point in the Challenge, then the remaining members must retire. Patrols must always remain together.
- All items in the Kit List must be carried or worn at all times. Spot checks can be made at any point during the Challenge. Necker to be worn at all times.
- Patrols must walk in single file on roads and observe the Highway and Country codes.
- Challengers needing to retire ***MUST DO SO ONLY AT CHECKPOINTS*** unless seriously injured!
- Remember to contact the emergency numbers provided with any problems that occur away from checkpoints. Always have the grid reference of your location when you ring. Do not contact any other patrols or leaders on your mobile phones.
- Patrols will be retired if the organising team feel that they will not be able to finish the hike in a reasonable time.
- All participants **MUST REPORT TO THE FINISH CHECKPOINT** when arriving back at the campsite.

Hike Specific Rule

- Challengers can decide not to take part in the skills element of the hike but must state this before the event starts and must still check in and out of every check point.

Failure to comply with any of the above rules may result in disqualification from the Challenge or in extreme circumstances the home contact being called to collect the individual(s) concerned.

EQUIPMENT

Below is a list of the minimum kit that Challengers must have to participate in the Challenge.

Per Patrol

<i>Compass</i>	Silva type or similar.
<i>First Aid Kit</i>	For use in a REAL emergency not at any of the skills bases.
<i>Maps</i>	Explorer 266 (Wirral & Chester)
<i>Mobile phones</i>	Ensure your patrol has at least 2 (fully charged) and that the numbers are registered when you check-in.

Per Challenger

<i>Day Sack</i>	Something to carry all your kit in (must be worn on the back with two straps over the shoulders)
<i>Footwear</i>	Suitable footwear must be worn - hiking boots, stout shoes/boots. <u>NO Wellies!</u>
<i>Waterproofs</i>	Jacket must be carried/worn. Trousers depending on weather.
<i>Clothing</i>	Minimum to be worn or carried - socks, trousers, t-shirt, long-sleeved jumper/jacket and hat. All items must be suitable for the expected weather. Scout Group neckers to be worn at all times.
<i>Water bottle</i>	Strong bottle that can be refilled at checkpoints on the route.
<i>Other items</i>	A packed lunch and snack food for energy. Torch and whistle Sun cream is advisable. You must also carry your hike form with you.

IN CASE OF EMERGENCY

1. Give first aid if required
2. Identify your location on your map—Grid reference and roads/landmarks near by
3. Summon help
 - Emergency services (999) if required* and then / or Emergency contact 07931652066.
 - If you are close to a checkpoint then send two people to get help from the checkpoint.
 - If you have no mobile phone signal then send two people to the nearest checkpoint, road or building to summon help.
4. Follow any instructions given to you by the emergency services or Leaders
5. Stay calm and keep any injured people comfortable and reassured
6. Make a note of what happened and what actions have been taken
7. Wait for help to arrive.

**Please be sensible when considering the emergency services, for example a hurt ankle that someone can't put weight on may need to be treated in hospital but does not need an ambulance to get there!*

HIKE FORM

This form must be fully completed in order for you to take part. Apologies to parents who may already have filled in a Camp Health form but separate forms for separate events makes it safer for all concerned.

Troop:

Surname:

Forename:

Address:

Post Code:

Tel. No:

National Health Number (if known):

Date of Birth:

Gender:

Name of Doctor:

Surgery address:

Surgery Tel. No:

Date of last Tetanus injection:

Please list below any allergies/sensitivities, current illnesses, medications being taken or any other information you think the organising team may need to be aware of:

Please fill in details below for a person who is available in the event of an accident:

Name:

Relationship:

Address:

Post Code:

Tel No:

2nd Tel No:

I give permission for the Scout named in this document to take part in the Wirral Challenge Hike. I understand that the event will be operated under the rules of the Scout Association. I give permission for any adult registered as a first aider at the event to administer first aid if required including the use of plasters / paracetamol / ibuprofen / anti-histamine cream.

I give permission for my child (named above) to be photographed and videoed during this event and for the photographs/videos to be used in any Scouting material. I understand that this permission will continue until I retract it in writing.

Parent /Guardian Signature:

Date:

Check Point
Tag No.:

OFFICIAL USE ONLY

Form Checked

Form Photocopied